

# Welcome to our Newsletter

Friday 2nd August • Week 2, Term 3 2024



## Principal's Message

It has been an absolutely terrific start to Term 3! The team have hit the ground running and our children have eagerly readjusted to school routines and expectations. We are especially proud of our mid-year intake Reception students who have settled in seamlessly! Our special events have already begun, the Toy Library Grand Opening, a visit from the Adelaide Crows and a highly enjoyed Student Teacher Swap-as always, we're busy with lots of learning and lots of FUN!

Recently we received our 2024 NAPLAN results and are incredibly proud of the growth we have achieved with our Year 3 students. You may recall that in 2021 we made some informed changes across the school, particularly around teaching and learning. One major change we made was to our Literacy Blocks, where we introduced Initialit to all Junior Primary Classes. Our results, both in the Phonics Screening Check last year and more recently NAPLAN, have demonstrated that we are ensuring that our youngest students have strong foundations for life-long learning. The new approach was a huge learning curve for teachers and SSOs and I am exceptionally grateful for their enthusiasm and commitment to our children.

This week we also received the results from our Staff Wellbeing Survey, which were also very pleasing. Overall we have exceeded the Department average with our team sharing that,

"My school is proactive in talking about staff wellbeing."

"At my school, I believe we make decisions that benefit people from diverse groups equally."

"I can rely on my leader to provide practical support with issues/problems that impact on my work."

As always, it's been a joy to return for another jam-packed term at Karrendi and I look forward to seeing you all at one of our many community events soon!

**Ella-Louise Ailmore**  
Principal

## A Message from Ms Sam

In Term 2, our staff focussed heavily on implementing different strategies to further support our students. As part of this our Student Support Officers (SSOs) undertook an evidence based online course developed by Sue Larkey around supporting students with PDA.

Pathological Demand Avoidance or PDA as it is commonly known refers to a specific profile within the Autism spectrum where individuals exhibit fight, flight or freeze reactions when faced with demands that challenge their independence leading to heightened emotional responses.

A key take away from this training was around using demand words such as need, now or must. Instead of using these words, evidence suggests re-framing words to make in-direct requests. E.g. "Is it alright if we..", "How do you feel about".

We look forward to these skills being implemented and further supporting students within our Karrendi Community.



## Diary Dates

- 5th Aug - (4th)  
National and Torres Strait Islander Children's Day
- 6th Aug – Team Spirit Day
- 7th Aug – Assembly 9.10am (Rm 23 Hosting) & Governing Council Meeting 2pm
- 9th Aug – International Day of World's Indigenous People & SAPSASA Athletics
- 14th Aug – Choir Magic Millions Rehearsal

**Important Date/  
reminder...  
30th Aug –  
Student Free Day**

## 2024 Term Dates

- Term 1**  
29 January - 12 April
- Term 2**  
29 April - 5 July
- Term 3**  
22 July - 27 September
- Term 4**  
14 October – 13 December

## A Message from Miss Schinella

At Karrendi we love to celebrate success, from a student forming a letter correctly to students representing our school in sports, we love to celebrate it all! Recently we installed a celebration bell in our school yard that students and members of our community can ring when they have achieved something special. Congratulations to Chantel from Room 17 who was the first student to officially ring the bell for her excellent progress in Initialit and handwriting. Our next bell-ringers were Connor and Felix, who expertly ran a Maths Chat in their classroom when they were teachers for the day! Kyden then rang the bell for making excellent progress in his phonological awareness skills. We can't wait to see who rings the bell next!



## A Message from Mrs Sellwood

At Karrendi we use the Zones of Regulation to support building regulation and emotional literacy. The Zones of Regulation is a framework used to help children recognise and communicate how they are feeling in a safe way. The four zones categorises states of alertness and emotions into colours.

**Blue** describes low states of alertness, such as when we feel sad, tired, sick or bored.

**Green** describes a regulated state of alertness. This includes when we are calm, happy, focused or content. This is the Zone students generally need to be in for schoolwork and for being social.

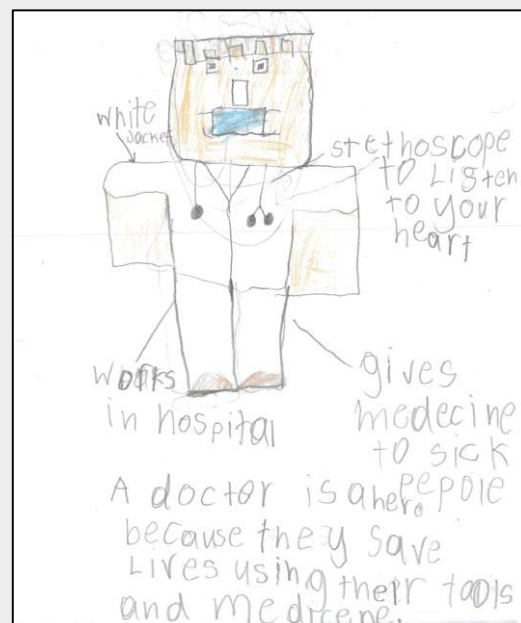
**Yellow** is used to describe a heightened state of alertness, a person in the yellow zone has some control. This includes feeling stress, frustration, anxiety, silliness and nervousness.

**Red** describes extremely heightened state of alertness or very intense feelings. We may feel anger, panic, terror, devastation or elation when in the Red Zone.

An important message we share is that all Zones are experienced by all people and all zone are OK. We encourage you to try to use the Zones to help your child identify where they are and what they can do to move zones if needed.

## A Spotlight on Learning - Room 17

This term we have begun the term looking at how Quest texts are written. We have begun by looking at the structure that is used to create a Quest story and how the character changes over the course of their quest. We have explored what makes a hero and the characteristics they display, here are some of ours that we created as diagrams of our thinking.

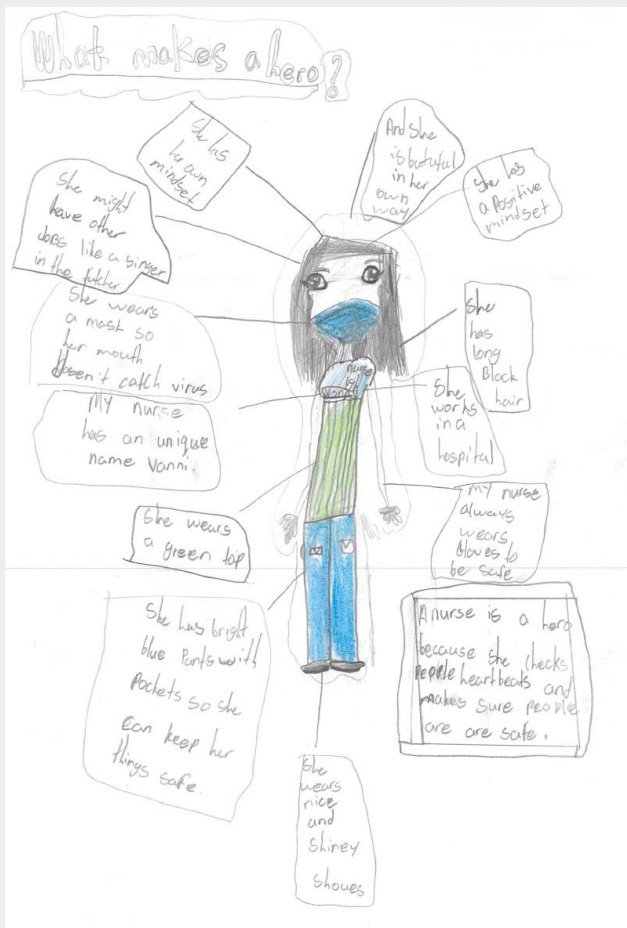


Rainbow Man is a hero because he wears rainbow clothes and shoots out rainbows to make people happy.

By Anthony

A regular person can be a hero, some people think they need weapons but anyone can be a hero without them by doing things like picking up litter or Helping to save an animal or being kind to others.

By Zapheira

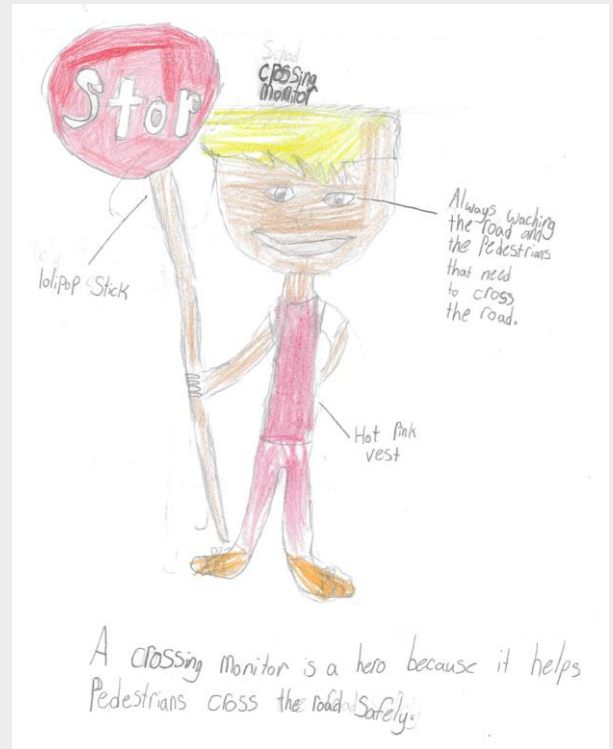


A police officer is a hero because if someone is hurt then they will protect them.

By Tyler M

Nestory is a hero because he helps people to enjoy games of soccer and when someone is feeling down then he is there for you.

By Chantel

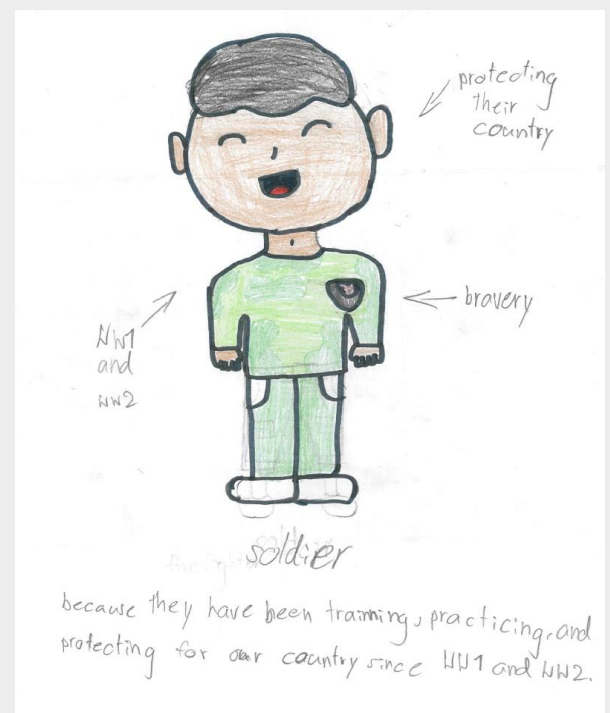


A doctor is a hero because they help people that are sick even if it means they might get sick as well.

By Mehdi

A vet is a hero because they work to save animals lives.

By Alana





## Meet the Staff Member

Hi!

My name is Miss Michaela, and this is my third year teaching Receptions at Karrendi Primary School.



I have a daughter in Year 5, a pet dog Frankie, and a pet cat, Rosie. I love to travel, and recently my daughter and I spent just over 2 weeks in Bali. We also like travelling to smaller country towns within South Australia, including Mount Gambier and Whyalla. Usually when we travel within South Australia, Frankie accompanies us on the trip.

I am very passionate about Literacy in the Early Years. I love teaching Reception students and it always amazes me the amount of growth these youngest learners make in their first year of schooling. It has been wonderful getting to know the Reception children this year and I am excited to see their progress for the remainder of the year.

## Meet the Staff Member

Hi everyone!

My name is Aidan, and I have been an SSO at Karrendi Primary School since the end of 2023. I am currently in my last semester of a Bachelor of Psychology with the University of South Australia, and really enjoy being able to use my psychological knowledge to help me support the various students that I work with.



Outside of school I love sports – especially basketball, soccer, and footy, and play on a social basketball with some of my friends from high school. I also enjoy many different activities such as hiking, camping, going to the gym, and playing video games in my free time.

## Community Hub

Well here we are! My final newsletter report before I start Maternity Leave 😊 I don't know how we got here so quickly but here we are!! What a great two weeks we have had in the Hub to finish off my time!

We started off the term with a bang with our Toy Library Grand Opening last week! We were very honoured to have so many special guests attend our opening from MP Amanda Rishworth and Tony Zappia to interstate guests like the CEO of Toy Libraries Australia. We had lots of families sign up and borrow last week and then return and borrow new toys this week which has been amazing!

This week the Parafield Mens Shed delivered our new mud kitchen too which is amazing!! They are also creating some tee pees for our school and a water activity station for our Hub space too! We would love to give them a massive shout out for all their hard work and time building these amazing things for us! We also welcomed back our English Classes and we are so looking forward to seeing what they achieve over the next term!

This week for Playgroup we had the amazing Hannah from the Ark Project come into playgroup to teach and show us so many cool things about bugs!! The children absolutely loved it! Thankyou so much Hannah!

This week has been a roller-coaster of emotions for me as I'm feeling really sad about going on leave and missing everyone and also the excitement of awaiting what's to come! I'd love to say a big thankyou to all the families who came past to wish me well and brought me gifts! I am really going to miss seeing most of you every day but I take lots of comfort knowing you are all in safe hands with Sue and that I will be coming in for visits because I know I won't be able to stay away! As promised, I will post a photo on the Hub page once baby has made his grand arrival!





# SCHNITZEL NIGHT

**TUESDAY 17TH  
SEPTEMBER**

**WHITEHORSE INN,  
PORT WAKEFIELD  
ROAD**

Join us for a Schitzel to raise money for new drink taps! \$5 from every schnitzel sold will be donated to our school!

We look forward to seeing you there!



KARRENDI PRIMARY SCHOOL

# SPORTS DAY RAFFLE

The Sports Committee will be running a Sports Day raffle this year.

We are seeking donations for prizes from our community. In true team spirit we are seeking donations around our team colours.

Your child's classroom is collecting donations for the colour: **YELLOW**

Any donation that includes the colour yellow is welcome.

Please drop donations to your child's classroom or the front office by:

**FRIDAY WEEK 3 (9th AUGUST)**



*Coming to Karrendi  
this year...*



# SHOWDOWN DONUTS

Who will order more donuts? Crows or Port supporters? It's ooonnnn!!

Preorder your donuts via the Qkr App or by visiting the Canteen. Orders close August 14th and donuts delivered August 16th.

\$4 per donut (Gluten Free available)

Take home packs-2 donuts \$8 and 4 donuts \$15 (need to be one team colour)

Orders can be delivered to students to eat at Second Lunch and take home packs can be collected at the end of the day!

## Term 3 Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	22/07	23/07 PRINCIPAL TOUR 4PM	24/07 TOY LIBRARY OPENING	25/07	26/07
WEEK 2	29/07	30/07 Casual Day: Student/Teacher Swap	31/07	01/08	02/08
WEEK 3	05/08 (4 <sup>TH</sup> AUGUST NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER CHILDREN'S DAY)	06/08 TEAM SPIRIT DAY	07/08 ASSEMBLY 9.10AM– ROOM 23 HOSTING  Governing Council Meeting 2pm	08/08	09/08 INTERNATIONAL DAY OF WORLD'S INDIGENOUS PEOPLES SAPSASA ATHLETICS
WEEK 4	12/08	13/08	14/08 CHOIR MAGIC MILLIONS REHEARSAL	15/08 YEAR 6 ½ DAY TRANSITION PGHS	16/08 SHOWDOWN DONUTS NATIONAL DAY OF ACTION AGAINST BULLYING AND VIOLENCE
WEEK 5	19/08 NATIONAL SCIENCE WEEK BOOK WEEK	20/08 Book Week Parade	21/08	22/08	23/08 SAPSASA SOCCER
WEEK 6	26/08 SSO WEEK	27/08	28/08 FATHER'S DAY STALL ASSEMBLY 9.10AM– ROOM 24 HOSTING	29/08 FATHERS DAY STALL? SPORTS DAY	30/08 STUDENT FREE DAY
WEEK 7	02/09 SCHOOL CLOSURE DAY	03/09 PRINCIPAL TOUR 10AM	04/09	05/09	06/09 CHILDREN'S UNIVERSITY GOWN FITTING 10:30AM DISCOS R-2 3.30PM-4.30PM 3-6 5PM-6PM  INDIGENOUS LITERACY DAY
WEEK 8	09/09 FESTIVAL OF MUSIC PERFORMANCE	10/09	11/09 GRANDPARENTS/SPECIA L FRIENDS DAY GOVERNING COUNCIL MEETING 2PM	12/09 R U OK DAY	13/09
WEEK 9	16/09 OPTIONAL INTERVIEWS	17/09 TEAM SPIRIT DAY	18/09 ASSEMBLY 9.10AM– ROOM 21 HOSTING	19/09 SAPSASA TAG RUGBY	20/09
WEEK 10	23/09 INTERNATIONAL DAY OF PEACE – MULTICULTURAL DAY	24/09	25/09	26/09	27/09 COLOUR RUN

